

KANON HEALTH

Leadership Lecture Series

May 30, 2023

Program Book

Kanon Health is pleased to announce the return of our Leadership Lecture Series in 2023. Flip through the pages to read about our Spring Lectures and the Distinguished Faculty.

100% of the profits of this lecture series goes to the *Global Health Foundation* to support international medical missions, clean water access, and international healthcare worker education.



Kit Bredimus DNP, RN, CPEN,
CNML, NE-BC, CENP, NEA-BC,
FACHE, FAONL



Shawntay Harris MBA, MSN,
MHA, RN, NEA-BC, NE-BC,
TCRN, CPEN, CEN, TCRN, CFRN



Courtney Edwards DNP,
MPH, RN, CCRN, CEN, TCRN,
NEA-BC

Leadership Lecture Series

May 30, 2023
9:00am - 10:00am CST



Kit Bredimus DNP, RN, CPEN,
CNML, NE-BC, CENP, NEA-BC,
FACHE, FAONL

Learning to lead: A nurse's guide to early career development



This presentation will help new and emerging leaders understand the pain points and lessons learned in moving from a frontline staff role into a management or executive leadership role. Dr. Bredimus will share humorous and engaging stories from his own transitions and how he managed to navigate new roles with the help of peer support networks and educational programs. The session will offer additional insights into how leaders can prepare to take on formal roles and tools available to facilitate growth.

www.kanonhealth.org

Dr. Kit Bredimus is the Chief Nursing Officer at Midland Memorial Hospital in Midland, Texas. Dr. Bredimus earned his Doctor of Nursing Practice in Executive Leadership from Texas Tech Health Sciences Center. Dr. Bredimus is a nationally recognized nurse leader through his multiple keynote presentations, podcasts, publications, and involvement in professional organizations. Dr. Bredimus was featured on the inaugural list of 20 under 40 by Midland Magazine and a Texas Nurses Association's 2020 Year of the Nurse Award winner. Nationally, Dr. Bredimus is a Modern Healthcare's Rising Star in Nursing Award winner, the American Organization for Nursing Leadership Early Careerist Award winner, and runner-up for Nursing Management's Hader Visionary Nurse Leader Award.

Dr. Bredimus serves on the Board of Directors for the Texas Organization for Nursing Leadership, Texas Nurses Association, and Permian Basin Great 25 Nurses Recognition Program. Dr. Bredimus is a Master Certified Values Coach with a focus on transformational leadership and personal empowerment. Dr. Bredimus holds multiple board certifications in nursing management and executive leadership and is a Fellow of the American College of Healthcare Executives, American Organization for Nursing Leadership, and the National Academies of Practice in Nursing.

Leadership Lecture Series

May 30, 2023

10:00am - 11:00am CST



**Shawntay Harris, MBA, MSN,
MHA, RN, NEA-BC, NE-BC,
TCRN, CPEN, CEN, TCRN, CFRN**

Leadership Development: The ELITE change



Leadership development is essential to organizational success. The presentation will use an interactive Microsoft Powerpoint to describe a well-executed succession plan as a method for leadership development. As the past Treasurer of Texas ENA, I will share practices essential for efficiency and engagement in leadership development. "Tea with the TREASURER" is a catchy phrase I created for meetings. The presentation will detail the organization, research, implementation, and evaluation of a succession plan I created for Texas ENA that applies to in-hospital leaders. The presentation will also demonstrate specific reports, graphs, and charts that can easily be implemented into succession planning models.

www.kanonhealth.org

Shawntay Harris is the President and CEO of Eminent Healthcare Resources Consultants, Incorporated. She has an extensive background in emergency and trauma services. Shawntay has all five board certifications from the Board of Certification for Emergency Nursing. She also has the Nurse Executive Advanced Board Certification. She is the President-Elect of the Texas Emergency Nurses Association and is on the Board of the Emergency Nurses Association Foundation. Shawntay is married and lives in Killeen, Texas. She and her husband are both veterans of the United States Army.

Leadership Lecture Series

May 30, 2023
11:00am - 12:00pm CST

Mindfully Rising Above Imposter Syndrome

Nurses training and work to be good nurses. But many nurses find themselves in leadership roles without that same emphasis on training and work to be good leaders. This leads to the mind game where individuals begin to doubt their skills, talents, and accomplishments and have a persistent fear of being exposed as a fraud. Discuss how leaders can consciously cultivate their leadership presence to overcome this fear and show the same care and compassion to themselves, as to those they lead.



www.kanonhealth.org



**Courtney Edwards DNP, MPH,
RN, CCRN, CEN, TCRN, NEA-BC**

Courtney Edwards DNP, MPH, RN, CCRN, CEN, TCRN, NEA-BC is the Director of Trauma Community Outreach & BioTel EMS at Parkland Health, Dallas, Texas. Dr. Edwards is responsible for the design, implementation, and evaluation of evidence supported injury prevention, outreach programs, and program growth and improvement projects to provide Parkland with a premier trauma program. As a leader within the Parkland/UTSW BioTel EMS system, Dr. Edwards supports the daily operations of an EMS communication center serving 14 area EMS agencies and a growing Social Work division. Dr. Edwards obtained her Doctor of Nursing Practice from Texas Christian University and a Master of Public Health from the University of North Texas Health Sciences Center. Dr. Edwards continues to provide direct bedside care as a member of the Trauma Team.

KANON HEALTH

HEALTHCARE EDUCATION

KANON HEALTH

Leadership Lecture Series

May 30, 2023

Kanon Health offers: ✨

Certification Review Courses

Leadership Speaker Series

Grand Round Lectures

POC Ultrasound Workshops June 28-29, 2023

Ultrasound Guided IV Workshops

Cruise Conventions March 31 - April 7, 2024

American Heart Association Courses

www.kanonhealth.org

Global Health Foundation

This foundation coordinates international medical missions to Senegal, Africa; Belize City, Belize; Honduras, and Guatemala providing basic healthcare assessments and administration of necessary medications approved by the World Health Organization. Besides medical missions to these countries and villages Global Health Foundation works to improve clean water access through creation and building of water wells. To promote international health, Global Health Foundation provides international healthcare education to local healthcare workers. These healthcare workers may be specialized nurses in Senegal to nursing students in Belize City to midwives in Honduras. Global Health Foundation is working to increase medical mission opportunities across the globe.

Global Health Foundation is currently seeking members of the Board of Directors, medical team members, mission team leaders, and educators. If interested, please go to the website and apply.